

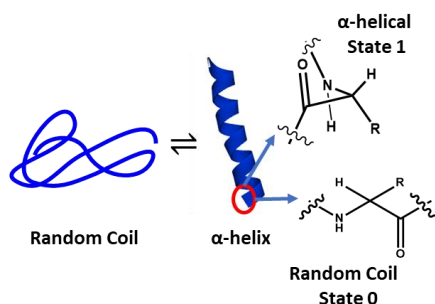
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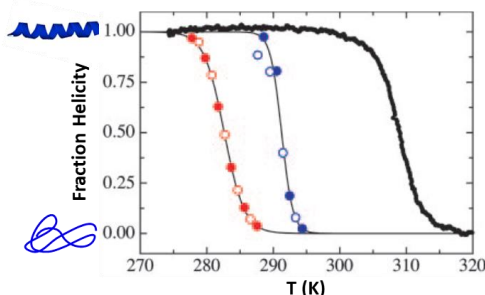
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1. Two-state Helix-Coil Transition (HCT)

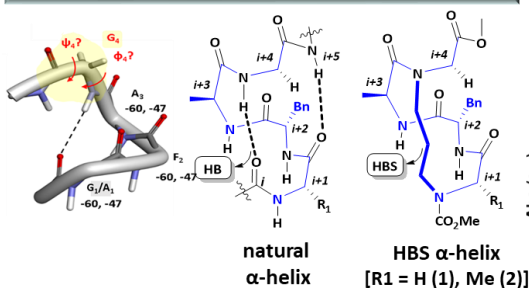
a) Theoretical Predicted Residue-Level HCT



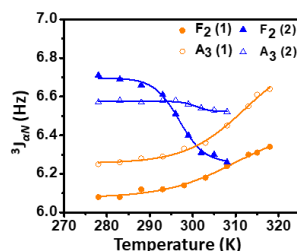
b) Experimentally Observed Bulk-State HCT



2. HBS model to slow down HCT at the $i+4^{\text{th}}$ residue

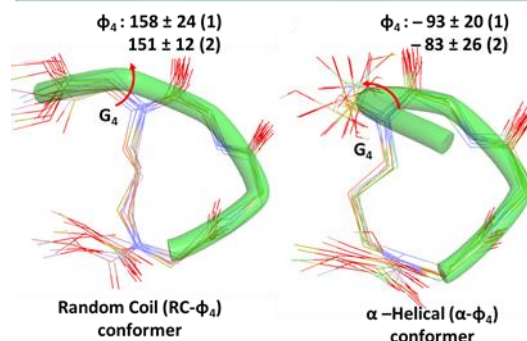


3. Sigmoidal Two-state Transition: Temperature-dependent $^1\text{H-NMR}$

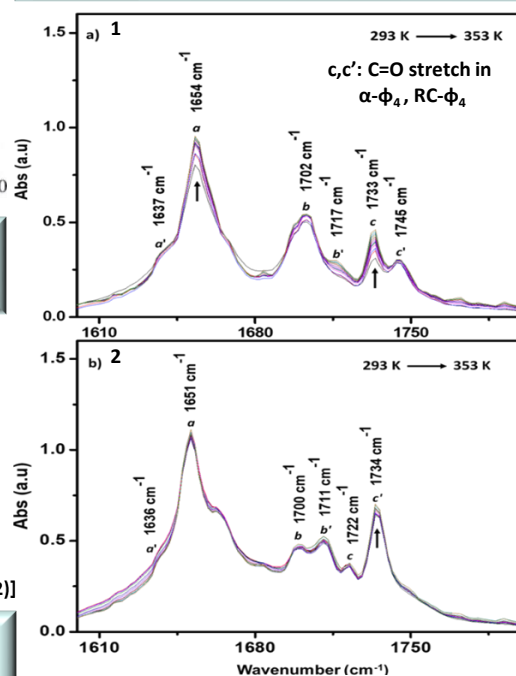


cpd.	(ϕ)	ΔH kcalmol $^{-1}$	ΔS calmol $^{-1}$ K $^{-1}$	ΔG^\ddagger kcalmol $^{-1}$	T_m K	$\Delta\phi$ deg.
1	F ₂	23.37	75.5	1.10	309.9	1.49
	A ₃	28.95	92.8	1.57	311.8	4.30
2	F ₂	54.63	184.3	0.26	296.9	9.00
	A ₃	78.57	261.2	1.52	300.8	0.96

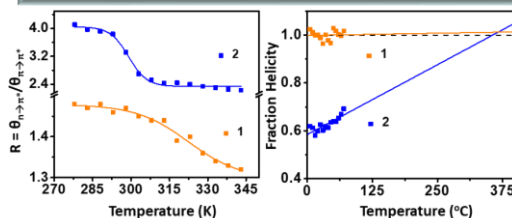
4. Conformers from GROMACS Molecular Dynamics Simulations



5. Temperature-dependent FT-IR indicates dynamic equilibrium

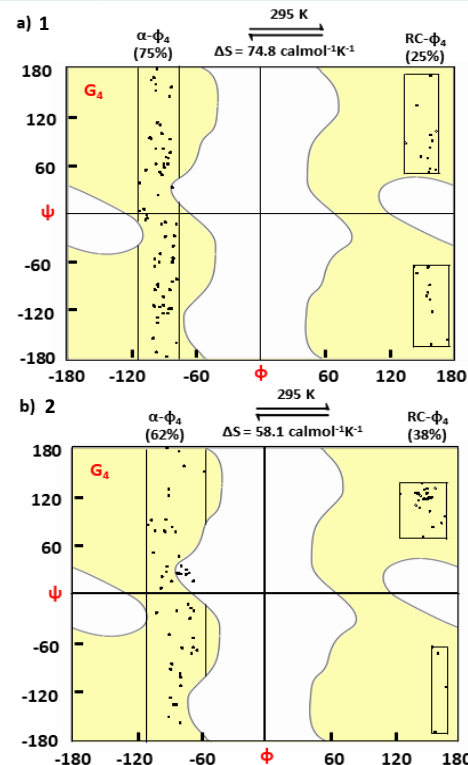


6. CD analysis: concentration of α - ϕ_4 increases with T

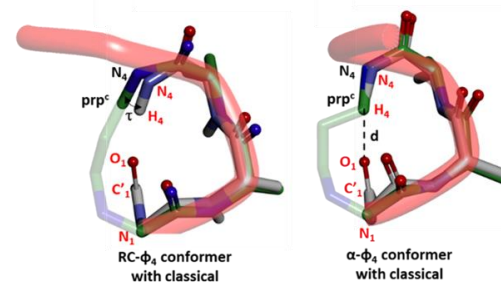


cpd.	ΔH kcalmol $^{-1}$	ΔS calmol $^{-1}$ K $^{-1}$	ΔG^\ddagger kcalmol $^{-1}$	T_m K
1	24.43	74.8	2.36	324.9
2	17.40	58.1	0.26	299.3

7. Population of α - ϕ_4 is entropically favored to increase with T.



8. Synergetic Guidance Mechanism for Helix Growth



Summary

- (1) α -Helical turn guides ϕ_{i+4} into predominantly populated α - ϕ_4 or scarcely populated RC- ϕ_4 .
- (2) α - ϕ_4 favors the stability of preceding α -helical turn, while RC- ϕ_4 disrupts it.
- (3) Entropy-driven synergetic guidance mechanism for helix growth following helix-nucleation.

References

- (1) Zimm, B. H.; Bragg, J. *J. Chem. Phys.* **1959**, *31*, 526.
- (2) Lifson, S.; Roig, A. *J. Chem. Phys.* **1961**, *34*, 1963.
- (3) Prabhakaran et al. *ACS Omega* **2020**, *5*, 13902.
- (4) Prabhakaran et al. *J. Phys. Chem. A* **2020**, *124*, 7478.